

AT A GLANCE FEATURES & AMENITIES

Regency Senior Living offers spacious, studios and one-bedroom suites that can be furnished to the style of each resident.

Each unit includes a kitchenette with refrigerator, private bathroom and features such as internet and cable access, telephone, and emergency response system.

Residents at Regency Senior Living have access to these lifestyle, wellness, and health amenities:

- *North Garden, Frontier and Coastal Lounges*
Residents get together with family, friends, and visitors for entertaining events and programs.
- *Resident Lounges*
For more intimate visits with friends or simply a nice place to relax in comfort.
- *Beauty & Barber Shoppe, Theatre, Libraries*
These community resources encourage everyday activity with a touch of small-town life.
- *Outdoor Garden and Patios*

- *Dining Rooms*
A restaurant style dining experience, to include a wide range of handmade selections that are innovative yet satisfying for any palate.
- *Private Dining*
- *Wellness Center*
Routine health assessments, personal wellness programs, and treatments for residents to improve their quality of life.
- *Rehabilitation Services*
Licensed occupational and physical therapists available to residents

For peace of mind, we offer the following features:

Common area security cameras, Emergency generator, Emergency response system in each studio and suite, Fire and smoke detection systems, Group "1-2" fire resistant construction provides higher standard of fire safety, Key fob entry system, Sprinkler systems



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Locally owned and operated. Proudly serving the Shenandoah Valley.

The care you need. A lifestyle you enjoy.





OUR APPROACH TO CARE

Regency Senior Living embraces a philosophy of fostering an invigorating and independent lifestyle that is supported by a considerate and kindhearted staff. Our team is caring and compassionate, and it shows in every aspect of the community we've built for our residents. Whether it's as simple as lending a helping hand or a gentle gesture of reassurance, our spectrum of care and services is available 24 hours a day.

Residential studios and suites are equipped with emergency response systems providing additional peace of mind for residents and their loved ones.

A WAY OF LIFE BUILT AROUND COMMUNITY

Regency Senior Living is dedicated to providing our residents with a welcoming and comfortable environment where they can thrive and enjoy life – just like at home.

With plentiful activities that engage residents with each other and our staff, new neighbors become new friends in an easy-going and relaxing small-town setting that encourages laughter, joy, and fun.

Residents will enjoy an array of community services and amenities centrally located around Regency's Towne Centre. Schedule an appointment at the beauty and barber shop, join fellow residents for a matinee at the theatre, visit the country store, enjoy the peace of the sunroom, exercise in the fitness room or take in views of the Blue Ridge Mountains.



ENGAGE MEMORY CARE

Regency Senior Living is committed to meeting the needs of our residents with memory-related concerns like Alzheimer's and dementia with our advanced ENGAGE Memory Care Program. Each resident is unique, and this program is built upon respecting the individuality and independence our residents can still enjoy.

All members of our ENGAGE Memory Care Team participate in on-going education for memory-related conditions, allowing for a consistent and specialized level of quality care that embraces the differences in our residents. The ENGAGE Memory Care Program includes recommendations from a resident's physician, as well as counsel and direction from our ENGAGE Care Coordinator, direct-care staff, and residents and their families.

Our holistic approach to memory care focuses not on what our residents can no longer do but rather on **Enriching, Nurturing** and **Guiding** our residents to their fullest potential each day. We understand that when it comes to memory care, **Attitude** is everything! ENGAGE residents and staff benefit from **Growing** together while **Embracing** each person's individuality.

Residents and their families can choose from private or companion suites with private, fully-accessible bathrooms. ENGAGE residents and families benefit from a private community entrance, secure outdoor courtyard and innovative village design.

Our ENGAGE Memory Care Program addresses the concerns of Alzheimer's, dementia, and other memory-related conditions with dignity and respect, and we believe our level of support is the model for engaging, compassionate care.

