



March 13, 2020

Although the risk to our local communities remains low, the Coronavirus outbreak (COVID-19) is evolving quickly with new information being learned daily. The CDC is monitoring the outbreak and working closely with federal, state and local health departments. Park Street Senior Living is monitoring developments closely to remain proactive and determine the best course of action to keep our residents, families, and team members safe.

COVID-19 illness may be mild to severe. Symptoms may appear 2 to 14 days after exposure. Symptoms include fever, dry cough, and shortness of breath. Other symptoms include nasal congestion, runny nose, sore throat or diarrhea. Symptoms are usually mild and begin gradually. Some people who are infected may remain asymptomatic. Up to 80% of infected people recover without any need to seek care.

As with influenza and other viral infections, older adults are at increased risk for severe illness. COVID-19 is spread by respiratory droplets from those who are in close contact with one another, about 6 feet. While there is not yet evidence for spread from surfaces or objects, this may also be a possible mechanism of transmission.

Park Street Senior Living is continuing to follow our Infection Control protocols. The current strategy includes:

- Frequent hand hygiene with alcohol-based hand rub or soap and water, washing for at least 20 seconds.
- Frequent daily cleaning of commonly touched environmental surfaces to decrease environmental contamination.
- Standard precautions, such as wearing masks, gloves and gowns as situations warrant their use.
- All employees are being screened via COVID-19 screening questionnaire.
- Limiting non-urgent visits into and out of the community

Consistent with good routine practice, we will be posting signs at our communities requesting that people with acute respiratory illness refrain from entering the community. This applies whether or not there is COVID-19 activity in the community. As a precaution, we will be asking visitors to complete the COVID-19 screening questionnaire. If there is a community-wide transmission of COVID-19, we will be asking communities to restrict visitors to.

Park Street Senior Living will continue to closely monitor this situation. Thank you in advance for supporting our protocols in and assisting with keeping our residents, families and our team safe.

Park Street Senior Living Team