

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MAY 2021

## San Miguel de Cozumel Coast to Coast

### ASSISTED LIVING ACTIVITIES CALENDAR



1  
10:00 Cognitive Corner (CH)  
12:00 Virtual Yoga (CH)  
3:00 DIY Design (CH)  
4:00 Sports Corner (CH)  
7:00 Nightcaps on Tap (CH)

2  
11:00 Praise & Prayers (CH)  
11:30 Virtual Church (CH)  
3:00 Virtual Stretch (AR)  
3:30 Café Connections (CS)  
6:00 Meditations (AR)

3  
10:00 Cognitive Corner (CH)  
12:00 Fun Fitness (CH)  
2:30 Color Me Calm (AR)  
4:30 Scrabble (CH)  
6:30 Musical Movie (CH)

**National Golf Day** 4  
10:00 Coffee Confessions (CS)  
12:00 Stretch & Flex (AR)  
4:00 Putt-Putt-Par (CH)  
6:30 Comedy Movie (CH)  
7:00 Nightcap on Tap (CH)

**Cinco de Mayo** 5  
10:00 Fashion Nails (AR)  
12:00 Chair Yoga (AR)  
3:30 Cinco de Mayo (CH)  
6:00 Virtual Vacation (CH)

**National Nurses Day** 6  
10:00 Mind Masterclass (AR)  
12:00 Stretch & Flex (AR)  
3:30 Mexican Coke & Munch  
6:00 Virtual Concert (CH)

**Mother's Day Tea** 7  
10:00 Color Me Calm (CH)  
12:00 Virtual Fitness (AR)  
3:00 Mother's Day Tea (DR)  
6:30 Best Films Series (CH)

8  
10:00 Cognitive Corner (CH)  
12:00 Virtual Yoga (CH)  
3:00 DIY Design (CH)  
4:00 Sports Corner (CH)  
7:00 Nightcaps on Tap (CH)

**Mother's Day** 9  
11:00 A Mother's Gift (CH)  
11:30 Virtual Church (CH)  
3:00 Virtual Stretch (AR)  
3:30 Café Connections (CS)  
6:00 Meditations (AR)

10  
10:00 Cognitive Corner (CH)  
12:00 Fun Fitness (CH)  
1:30 Preventing Falls (CH)  
4:30 Mexican Train (CH)  
6:30 Musical Movie (CH)

11  
10:00 Coffee Confessions (CS)  
11:00 Scenic Dr (CH)  
12:00 Virtual Stretch  
2:30 Gardening Club (AR)  
4:30 Express BINGO (AR)  
6:30 Comedy Movie (CH)

12  
10:00 Fashion Nails (AR)  
12:00 Virtual Yoga (AR)  
2:30 Cactus Rock Craft (AR)  
4:00 Popsicles on the Porch  
6:00 Virtual Vacation (CH)

13  
10:00 Mind Masterclass (AR)  
12:00 Virtual Stretch (AR)  
3:30 Candy Tour of Mexico  
6:00 Virtual Concert (CH)

**Chicken Dance Day** 14  
10:00 Color Me Calm (CH)  
11:00 Hear Your Best  
11:30 Chicken Dance Class  
3:00 Lori's Paleteria (AL)  
6:30 Best Films Series (CH)

15  
10:00 Cognitive Corner (CH)  
12:00 Virtual Yoga (CH)  
3:00 DIY Design (CH)  
4:00 Sports Corner (CH)  
7:00 Nightcaps on Tap (CH)

16  
11:00 Praise & Prayers (CH)  
11:30 Virtual Church (CH)  
3:00 Virtual Stretch (AR)  
3:30 Café Connections (CS)  
6:00 Meditations (AR)

17  
10:00 Cognitive Corner (CH)  
12:00 Fun Fitness (CH)  
2:30 Make Tortilla's (CH)  
4:30 Color Me Calm (CH)  
6:30 Musical Movie (CH)

18  
10:45 Orchard Creek Trip( CH)  
12:00 Virtual Stretch (AR)  
2:30 Gardening Club (AR)  
4:30 Puzzle Group (CH)  
6:30 Comedy Movie (CH)  
7:00 Nightcaps on Tap (CH)

19  
10:00 Fashion Nails (AR)  
11:30 Piano Show with Chris  
12:00 Virtual Chair Yoga (AR)  
4:00 Snap Shot (AR)  
6:00 Virtual Vacation (CH)

20  
10:00 Mind Masterclass (AR)  
12:00 Stretch & Flex (AR)  
3:30 Cocktails of Cozumel & May Birthday's Party (CS)  
6:00 Virtual Concert (CH)

21  
10:00 Color Me Calm (CH)  
12:00 Virtual Fitness (AR)  
3:00 Karaoke with Holly (AL)  
6:30 Best Films Series (CH)

22  
10:00 Cognitive Corner (CH)  
12:00 Virtual Yoga (CH)  
3:00 DIY Design (CH)  
4:00 Sports Corner (CH)  
7:00 Nightcaps on Tap (CH)

23  
11:00 Praise & Prayers (CH)  
11:30 Virtual Church (CH)  
3:00 Virtual Stretch (AR)  
3:30 Café Connections (CS)  
6:00 Meditations (AR)

24  
10:00 Cognitive Corner (CH)  
11:30 Resident Council (DR)  
2:30 Let's Make Salsa (AR)  
4:30 Wheel of Fortune (CH)  
6:30 Musical Movie (CH)

25  
10:00 Coffee Confessions (CS)  
12:00 Virtual Stretch (AR)  
2:30 Gardening Club (AR)  
4:30 Puzzle Group (CH)  
6:30 Comedy Movie (CH)  
7:00 Nightcaps on Tap (CH)

**Senior Fitness Day** 26  
10:00 Fashion Nails (AR)  
12:00 Chair Yoga (AR)  
3:30 Senior Fit Games (AL)  
6:00 Virtual Vacation (CH)

**Lunch in Cozumel** 27  
10:00 Mind Masterclass (AR)  
12:00 Stretch & Flex (AR)  
12:30 Cozumel Cantina (D)  
4:00 Cozumel BINGO (AR)  
6:00 Virtual Concert (CH)

28  
10:00 Color Me Calm (CH)  
12:00 Virtual Fitness (AR)  
11:00 Gentle Tai Chi  
3:00 Piano w/ Karen (AL)  
6:30 Best Films Series (CH)

29  
10:00 Cognitive Corner (CH)  
12:00 Virtual Yoga (CH)  
3:00 DIY Design (CH)  
4:00 Sports Corner (CH)  
7:00 Nightcaps on Tap (CH)

30  
11:00 Praise & Prayers (CH)  
11:30 Virtual Church (CH)  
3:00 Virtual Stretch (AR)  
3:30 Café Connections (CS)  
6:00 Meditations (AR)

**Memorial Day** 31  
10:00 Cognitive Corner (CH)  
12:00 Fun Fitness (CH)  
12:30 Memorial Day Lunch (D)  
6:30 Musical Movie (CH)



Key: AR- Activities Room, CH- Club House, D- Dining Room, IR- Individual Rooms, MT-Movie Theater  
Underlined activities Indicate the activity is at least 1hr, all other activities are approximately 45 minutes.  
Due to COVID-19 masks, social distancing, and other health/safety precautions must be practiced at all times.