

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JANUARY

ASSISTED LIVING

2022 ROAD TRIP



					<p>10:00 Puzzles and Pondering (CH) 12:00 Fun Fitness (AR) 2:00 <u>BINGO</u> (AR) 6:30 <u>The Andy Griffith Show.</u> (CH).</p>	
<p>2 11:00 Virtual Church (CH) 12:00 Simple Stretch (AR) 2:00 Card Games (CH) 4:00 Name That Tune (AR) 6:00 Sunday Football (CH)</p>	<p>3 10:00 Crosswords (CH) 11:00 Shoutrageous! (CH) 12:00 Noodle Ball (AR) 2:30 <u>Baking</u>: Peanut Butter Cookies (AR) 4:00 Bridge Club (CH) 6:30 <u>Musical</u>: Diana(CH)</p>	<p>4 10:00 Puzzle Group (CH) 11:00 Chip and Dip Social (CS) 12:00 Fun Fitness (AR) 2:00 <u>Crafts</u>: Perpetual Calendar's (AR) 4:00 <u>Apples to Apples</u> (CH). 6:30 <u>Comedy Movie</u>: Dennis the Menace (CH)</p>	<p>5 10:00 In the News (CH) 10:45 <u>Dunkin' Donuts</u> (O). 12:00 Balloon Volley Ball (AR) 2:00 Word Puzzles (AR) 3:00 <u>BINGO</u> (AR). 6:30 Virtual Vacation: VA Beach (CH)</p>	<p>6 10:00 Let's Learn:Virginia (CH) 11:00 Walking Club (FP) 12:00 Fun Fitness (AR) 3:30 January Birthday's (CS) 6:30 <u>Christopher Price Violin Performance</u> (CH).</p>	<p>7 10:00 Word Searches (CH) 12:00 Cornhole (AR) 2:00 <u>Book Club</u> (CH). 3:00 Mobile Library (CH) 6:30 Board Games (CH)</p>	<p>8 8:30 Men's Breakfast 10:00 Puzzles and Pondering (CH) 12:00 Fun Fitness (AR) 2:00 <u>BINGO</u> (AR) 6:30 <u>The Andy Griffith Show.</u>(CH).</p>
<p>9 11:00 Virtual Church (CH) 12:00 Simple Stretch (AR) 2:00 Color Me Calm (CH) 4:00 Horoscopes (AR) 6:00 Sunday Football (CH)</p>	<p>10 10:00 Crossword (CH) 11:00 Heads Up! (CH) 12:00 Noodle Ball (AR) 2:30 <u>Baking</u>: Chess Pie (AR) 4:00 Bridge Club (CH) 6:30 <u>Musical Movie</u>: Hairspray (CH)</p>	<p>11 10:00 Puzzle Group (CH) 11:00 Donut Social (CS) 12:00 Fun Fitness (AR) 2:00 <u>Crafts</u>: Sugar Scrub (AR) 4:00 <u>Scattergories</u> (CH). 6:30 <u>Comedy Movie</u>: Breakfast at</p>	<p>12 10:00 In the News (CH) 11:00 <u>Ming Garden Lunch</u> (O) 12:00 Balloon Volley Ball (AR) 2:00 Word Puzzles (AR) 3:00 <u>BINGO</u> (AR). 6:30 Virtual Vacation: Blue Ridge Mountains (CH)</p>	<p>13 10:00 Let's Learn: The Telephone (CH) 11:00 Walking Club (CS) 12:00 Fun Fitness (AR) 3:30 <u>Rubber Duckie Painting</u>(AR). 6:30 Board Games (CH)</p>	<p>14 10:00 Word Searches (CH) 11:00 Coffee Confessions(CS) 12:00 Cornhole (AR) 2:00 Scrabble (CH) 6:30 <u>Films with Friends</u>: You've Got Mail (CH)</p>	<p>15 10:00 Puzzles and Pondering (CH) 12:00 Fun Fitness (AR) 2:00 <u>BINGO</u> (AR) 6:30 <u>The Andy Griffith Show</u> (CH).</p>
<p>16 11:00 Virtual Church (CH) 12:00 Simple Stretch (AR) 2:00 Card Games (CH) 4:00 Name That Tune(AR) 6:00 Sunday Football (CH)</p>	<p>17 10:00 Crosswords (CH) 11:00 Resident Council (AR) 12:00 Noodle Ball (AR) 2:30 <u>Baking</u>: Spoon Bread (AR) 4:00 Bridge Club (CH) 6:30 <u>Musical</u>: My Fair Lady (CH)</p>	<p>18 10:00 Puzzle Group (CH) 11:00 Soft Pretzel Social (CS) 12:00 Fun Fitness (AR) 2:00 <u>Craft Creations</u>: No Sew Pillow (AR) 4:00 <u>Apples to Apples</u> (CH). 6:30 Davis Bradley Band(CH)</p>	<p>19 10:00 In the News (CH) 10:30 <u>Walmart Trip</u> (O) 12:00 Balloon Volley Ball (AR) 2:00 Word Puzzles (AR) 3:00 <u>BINGO</u> (AR). 6:30 Virtual Vacation: Jamestown(CH)</p>	<p>20 10:00 Let's Learn: Penguin's (CH) 11:00 Walking Club (CS) 12:00 Fun Fitness (AR) 3:30 Taste of Virginia (CS) 6:30 Board Games (CH)</p>	<p>21 10:00 Word Searches (CH) 2:30 Cornhole (AR) 3:30 <u>Music with Fritz</u> (CH) 4:30 <u>Pictionary</u> (CH) 6:30 <u>Films with Friends</u>: The Princess Bride (CH)</p>	<p>22 10:00 Puzzles and Pondering (CH) 12:00 Fun Fitness (AR) 2:00 <u>BINGO</u> (AR) 6:30 <u>The Andy Griffith Show</u> (CH).</p>
<p>23 11:00 Virtual Church (CH) 12:00 Simple Stretch (AR) 2:00 Color Me Calm (CH) 4:00 Horoscopes (AR) 6:00 Sunday Night (CH)</p>	<p>24 10:00 Crosswords (CH) 11:00 Heads Up! (CH) 12:00 Noodle Ball (AR) 2:30 <u>Baking</u>: Maple Donuts (AR) 4:00 Bridge Club (CH) 6:30 <u>Musical Movie</u>: Cats (CH)</p>	<p>25 10:00 Puzzle Group (CH) 11:00 Muffin Social (CS) 12:00 Fun Fitness (AR) 2:00 <u>Painting Class</u>: Cardinal (AR) 4:00 <u>Scattergories</u> (CH). 6:30 Comedy Movie: Hook (CH)</p>	<p>26 10:00 In the News (CH) 11:00 <u>The Fishin' Pig Lunch</u>(O). 12:00 Balloon Volley Ball (AR) 2:00 Word Puzzles (AR) 3:00 <u>BINGO</u> (AR). 6:30 Virtual Vacation: Williamsburg (CH)</p>	<p>27 10:00 Let's Learn: National Geographic Quizzes(CH) 11:00 Walking Club (CS) 12:00 Fun Fitness (AR) 3:30 <u>Virginia Jeopardy!</u> (CS) 6:30 Board Games (CH)</p>	<p>28 10:00 Word Searches (AR) 2:00 Cornhole (AR) 3:00 <u>Scrabble</u> (CH) 4:00 Fish Tank (AR) 6:30 <u>Films with Friends</u>: Goonies (CH)</p>	<p>29 10:00 Puzzles and Pondering (CH) 12:00 Fun Fitness (AR) 2:00 <u>BINGO</u> (AR) 6:30 <u>The Andy Griffith Show</u> (CH).</p>
<p>30 11:00 Virtual Church (CH) 12:00 Simple Stretch (AR) 2:00 Card Games (CH) 4:00 Name That Tune(AR) 6:00 Sunday Night (CH)</p>	<p>31 10:00 Crosswords (CH) 11:00 Shoutrageous! (CH) 12:00 Noodle Ball (AR) 2:30 <u>Baking</u>: Apple Pudding (AR) 4:00 Bridge Club (CH) 6:30 <u>Musical Movie</u>: The Greatest Showman (CH)</p>			<p>Key: AR- Activities Room, CH—Club House, D- Dining Room, IR- Individual Rooms, MT-Movie Theater , O-Outing FP- Front Porch <u>Underlined activities</u> Indicate the activity is at least 1hr, all other activities are approximately 30 minutes. Due to COVID-19 health/safety precautions must be practiced at all times. Calendars are subject to change. Any changes will be noted and/or applied to the posted activities calendar.</p>		